

# Breakthrough Blueprint

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## My commitment to a healthy disregard for the impossible

What ideal future do I want to create, and for whom? (VISION)

I want a future of accessible healthcare from Hospitals for as many individuals as possible. More specifically I want a future of kindness from all people towards all people, and the only way I see that is to positively impact as many people as I can through all of my actions, so I would like to make as many patients lives at least a little better than before as an Emergency Room Physician. So I want to end up opening expansive hospitals able to perform all treatments necessary for Citizens in Libya ( & Africa ) that they otherwise would not have access to.

What challenging goals will result in a breakthrough toward this ideal future? (STRETCH GOALS)

- A decline or change in opposition to de-centralizing Health-care and medicine
- Opening a network of Extensive and successful hospitals in Libya and/or other African Nations..
- Gaining support for accessible healthcare to all people of any <sup>and all</sup> socio economic level

What realistic goals will help me get started on my vision? (MANAGEABLE GOALS)

- Get into a great Medical School
- Gain Volunteer work in Emergency / Hospital environments
- Study abroad or service trip to experience current hospital/healthcare situations in Africa/developing nations
- Work towards MBA/business degree to know the healthcare administration side.
- Become an Emergency room physician or trauma surgeon

With whom do I need to connect to ensure success for my vision and goals? (RELATIONSHIPS)

- Connect with professionals who share or agree with my vision
- Best way of creating change in Libya is to have a footing or connection there, & my family in Libya is affluent enough to help me with the end goal of opening a hospital

- Made a connection w/ Ish who has a similar vision, so we will collaborate and work together

What immediate steps will I take to jump-start this breakthrough? (ACTION PLANNING)

- working hard in classes to achieve a good GPA for Med school application
- Strive to make connection through research position in Children's next semester
- Shadow and clinicals with professionals in Emergency/Hospital Realm

DO NOT COMPLETE THIS BOX UNTIL DAY 5 AFTERNOON

LEAD WITH INTEGRITY™	<p><b>MY CORE VALUES</b></p> <ul style="list-style-type: none"> <li>- Kindness</li> <li>- Purpose</li> <li>- Good will</li> <li>- Balance</li> <li>- Influence</li> </ul>	<p>Principles that guide my actions... by making others' days better I will in turn make my own day better.</p> <ul style="list-style-type: none"> <li>- Do the right thing - the nice guy wins in the end. - generosity</li> <li>- Pay it forward - selfless - keep an open mind</li> <li>- a smile may save someone's life - positive outlook</li> </ul>
		<p>I want to be the kind of person who... others look to for help, and to make them happy,</p> <ul style="list-style-type: none"> <li>- Puts others first (But that's where my success comes from)</li> <li>- People can put their hope &amp; belief in,</li> </ul>